

HOUSING SUPPORT IN PEEL REGION

Where to go when you're looking for help

Updated: May 2024

Subsidized Housing

Subsidized housing, or geared-to-income rental units, allows tenants to pay reduced rent based on household annual income. Rent is a percentage of the tenant's income (usually about 30 per cent of monthly income before taxes), or, for people on social assistance, it is based on the rent benefit set by the Ontario government. Some housing providers have mandates or special requirements for people who live in their buildings (e.g., seniors, people with mental health problems, Indigenous people). The waitlist can sometimes be years.

Peel Region Housing Subsidy

10 Peel Centre Dr., Brampton (main office)

www.peelregion.ca/housing-social-support/housing-subsidy/applying

Tel.: 905 453-1300

info@peelregion.ca

Services: Centralized help with subsidized housing and geared-to-income rent in Peel Region

Eligibility: Residents of Peel Region requiring subsidized rent; see screening tool on website for details

Referral: Self-referral

Co-op Housing

Ashworth Square

3180 Kirwin Ave., Mississauga

ashworthsquare.com/about

Tel.: 905 279-9039

office@ashworthsquare.com

Services: Co-op housing, units with 1–4 bedrooms; splash-pad and playground for children

Eligibility: People age 16+ who are employed

Referral: Self-referral; see website for application

If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please email the information to us at access.resources@camh.ca.

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Brooks Co-op Homes

2145 Sheridan Park Dr., Mississauga

brookscooperative.ca

Tel.: 905 823-4777

brooks-office@bchi.ca

Services: Co-op housing; community recreation rooms, storage space, shared laundry facilities

Eligibility: Age 15+

Referral: Self-referral; see website for application

Frank McLoughlin Co-op

55 Maple Leaf Circle, Brampton

frankmcloughlincoop.ca

Tel.: 905 450-6085

fgmcoop@yahoo.com

Services: 60 units of co-op housing

Referral: Self-referral; see website for application

Tecumseh Co-op

6555 Falconer Dr., Mississauga

www.tecumsehcoop.net

Tel.: 905 821-8525

pm.tecumseh@bellnet.ca

Services: Co-op housing, 3- and 4-bedroom townhouses with garage, front lawn, fenced back yard

Eligibility: Must have legal status in Canada

Referral: Self-referral; see website for application

Village Green Co-op

20 Bunting Dr., Brampton

villagegreen.coop/application-process

Tel.: 905 456-2152

office@villagegreen.coop

Services: Co-op housing, 2–4-bedroom suites

Referral: Self-referral; see website for application

Supportive Housing

Supportive housing is housing where there are support workers in the home who work for the housing provider. The support varies depending on need. Workers may be on call or available weekly, daily or 24 hours a day. Supportive housing can involve either shared accommodations or independent living.

Family Services of Peel

5975 Whittle Rd., Suite 300, Mississauga

fspeel.org

Tel.: 905 453-5775 (intake)

fsp@fspeel.org

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Services: Supported independent living programs, including support for housing, money management, legal and court-related issues, parenting, lifestyle planning, employment, connecting with community resources

Eligibility: People age 18+ with developmental disabilities who live or plan to live independently; must be residents of Peel Region with no significant social supports

Referral: Self-referral

March of Dimes Canada – Weaver's Hill Supportive Housing Program

85 and 121 Acorn Place, Mississauga

www.marchofdimes.ca/en-ca/programs/acsh/attendantcare

Tel.: 905 502-5252

independence@marchofdimes.ca

Services: Scheduled and unscheduled service to people with disabilities in their own apartments; non-medical care and medical care support for daily living

Eligibility: People age 18+ with physical disabilities; must be able to direct their own care

Referral: Referral from community social service, education or health care organization in Peel Region

Peel Cheshire Homes – Brampton

156 Murray St., Brampton

cheshirebrampton.com

Tel.: 905 450-8495

Services: Personal support workers assist with daily living needs such as bathing, meal preparation, grocery shopping; light housekeeping as required

Eligibility: Brampton residents age 16+ living in their own home who have permanent physical disability or acquired brain injury; must have valid health card, be able to direct their care, have medical needs met in the community

Referral: Self-referral; apply on website

Peel Cheshire Homes – Streetsville

361 Queen St. South, Mississauga

cheshirestreetsville.ca

Tel.: 905 826-5846

Services: Supportive housing in group-home setting, separate bedrooms, shared common areas; personal support workers; meal preparation, housekeeping, medication assistance (limited), phone use, escort to medical appointments and transportation/shopping

Eligibility: People age 16+ who have a permanent physical disability or acquired brain injury; must have a valid health card, be able to direct their care, have their medical needs met in the community

Referral: Self-referral; apply on website

Transitional Housing

Armagh

Mississauga; exact location provided at intake

www.armaghhouse.ca

Tel.: 905 855-0299

info@armaghhouse.ca

Services: Supportive transitional housing; emotional support and ongoing counselling; practical support, accompaniment, information and referral; advocacy and access to resources

Eligibility: Women age 18+ with or without children who are experiencing family violence and abuse; must reside in Peel or Halton Region

Referral: Referral from crisis shelter, Peel Regional Police Intimate Partner Violence Unit or Peel CAS Domestic Violence Team

Nisa Homes

Mississauga; exact location provided at intake

nisahomes.com/our-services

Tel.: 1 888 456-8043 ext. 401

homes@nisafoundation.ca

Services: Transitional housing in supportive, culturally based home environment; counselling; case management; information and community referrals; life skills development; support groups

Eligibility: Immigrant, refugee and Muslim women and their children who are homeless or at risk of homelessness or are experiencing domestic violence

Referral: Self-referral; call or email for intake information

Peel Youth Village Transitional Housing

99 Acorn Place, Mississauga

www.peelregion.ca/housing/peel-youth-village

Tel.: 905 791-5576

Services: Transitional housing; early intervention for mental health; addiction recovery; housing support; recreational therapy; support for justice issues; education; personal fitness training; employment resources

Eligibility: People age 16–24 requiring housing, with no source of income, who are eligible to receive Ontario Works assistance; must be Canadian citizen, landed immigrant or Convention refugee

Referral: Referral from community social service, education or health care organization in Peel Region

Sakeenah Canada – Milton

5659 McAdam Rd., Unit B4, Mississauga (main office)

www.sakeenahcanada.com/our-homes

Tel.: 1 888 671-3446

info@sakeenahcanada.com

Services: Culturally sensitive transitional housing and supports focusing on women and children with disabilities

Eligibility: Muslim women and children with disabilities experiencing trauma due to abuse, poverty, homelessness, financial or immigration issues; male children accepted with some age restrictions, call for details

Referral: Call for intake with caseworker; self-referral or referral from other organizations in the community

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Shelters

Shelters offer temporary housing for people in crisis. Many shelters provide services to specific groups of people (e.g., women and children, single men, youth). To check availability and hours, please call the shelter directly. You can also refer to the “Peel Region Shelters” community resource sheet for more information.

Cawthra Road Shelter

3579 Dixie Rd., Mississauga

www.peelregion.ca/housing/development/brampton-youth-shelterh

Tel.: 905 450-1996

Services: Case management; housing and employment support; internet access, emergency clothing, laundry; AA meetings

Eligibility: Single women and men age 25+ without children

Note: Transgender, non-binary and gender-diverse people will be placed on men or women’s floor based on presenting gender

Peel Family Shelter

2935 Argentia Rd., Mississauga (temporary location)

shipshey.ca/housing/peel-family-shelter-pfs

Tel.: 437 882-1908

Eligibility: Families, including those without documentation

Salvation Army – Wilkinson Road Men’s Shelter

15 Wilkinson Rd., Brampton

www.centralwesthealthline.ca/displayservice.aspx?id=60135

Tel.: 905 452-1335

peelaccesstohousing@peelregion.ca

Eligibility: Men age 25+

Services: Shelter, food, clothing, laundry; employment and housing support; health clinics, mental health and addiction support; life skills training, AA meetings, pastoral care

Note: Transgender, non-binary and gender-diverse people will be placed on women’s or men’s floor according to presenting gender

Safe Beds for People with Serious Mental Illness

Canadian Mental Health Association – Peel Dufferin Branch

10 Peel Centre Dr., Suites A and B, Brampton

www.peelregion.ca/housing/help

Tel.: 1 877 451-2123

info@cmhapeel.ca

Services: Comprehensive wraparound service teams; short- and long-term counselling and case management; grants and financial support for people with housing issues; mobile outreach; court support, pre-charge diversion program; system navigation and case management for seniors experiencing neglect and abuse

Eligibility: People age 12+ with mental health or addiction issues

Referral: Self-referral or referral from partner agency; contact central intake

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Central Access Housing

Peel Centralized Shelter Intake and Homeless Supports

7700 Hurontario St., Suite 314, Brampton

www.peelregion.ca/housing/help

Tel.: 905 450-1996

Services: Emergency and transitional shelters, street outreach, support services and help to find permanent housing

Eligibility: People age 16+ and families who are homeless or at risk of becoming homeless

Referral: Self-referral or referral from partner agency

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