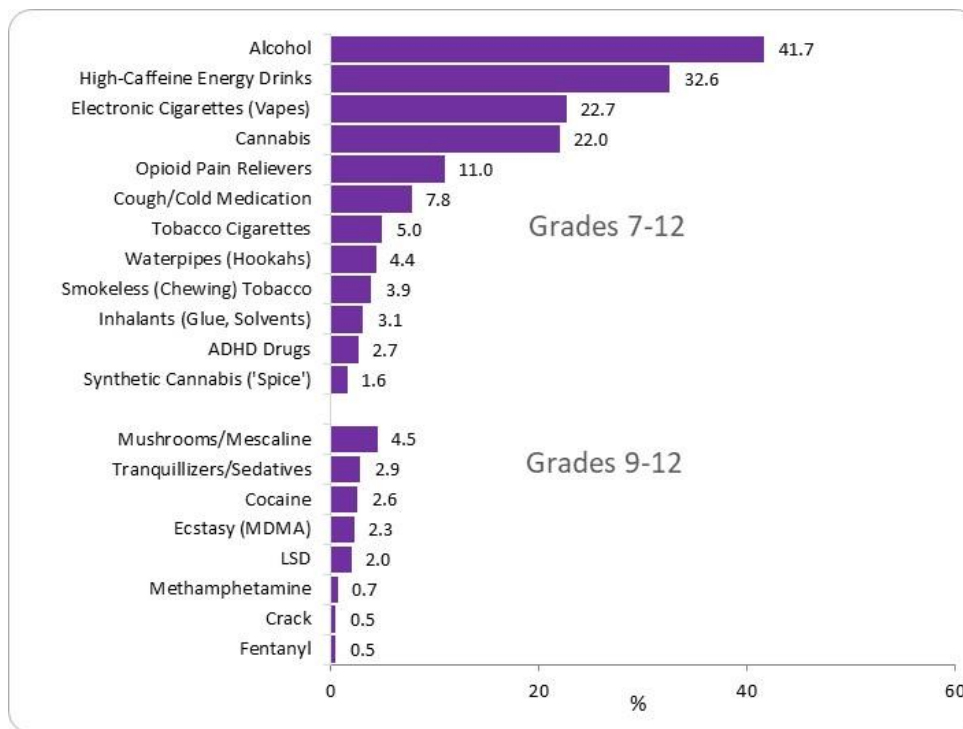


Highlights from the 2019 Ontario Student Drug Use and Health Survey Drug Use Report

Past Year Drug Use in 2019



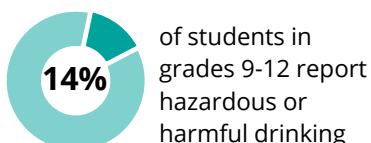
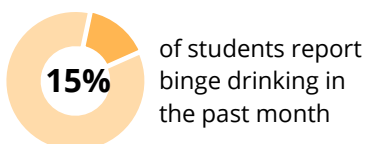
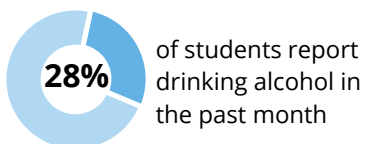
Males are more likely to use:

- Energy Drinks
- Cough/Cold Medication
- Tobacco Cigarettes
- Smokeless Tobacco
- ADHD Drugs
- Synthetic Cannabis
- Mushrooms/Mescaline
- Cocaine
- Ecstasy (MDMA)
- LSD

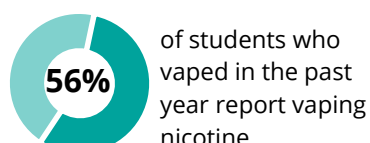
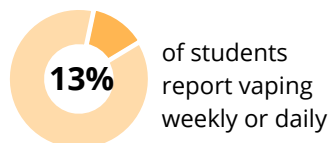
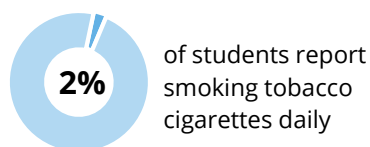
Females are more likely to use:

- Inhalants

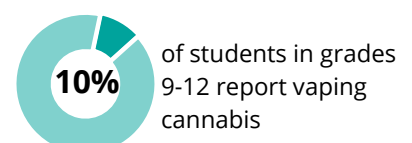
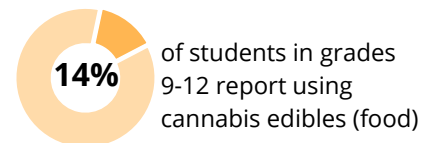
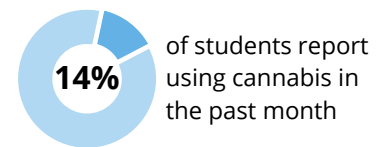
Alcohol



Tobacco & Vapes



Cannabis



Vehicles

4% of students in grades 10-12 with a driver's licence drove after drinking alcohol

7% of students in grades 10-12 with a driver's licence drove after using cannabis

15% of students in grades 7-12 rode with a driver who used alcohol

10% of students in grades 7-12 rode with a driver who used drugs

Trends in Past Year Drug Use

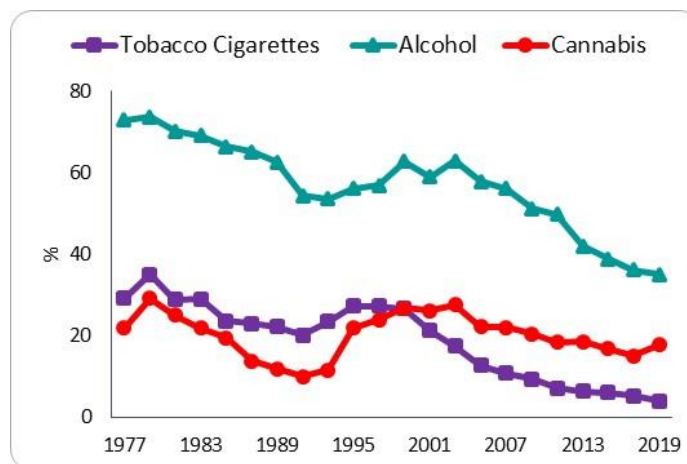
2019 vs. 2017

Smoking cigarettes, use of waterpipes, and ecstasy (MDMA) significantly decreased since the previous survey in 2017. Use of electronic cigarettes (vaping) doubled since 2017.

	2017 past year use		2019 past year use
Tobacco Cigarettes	7.0%	↓	5.0%
Waterpipes (Hookahs)	6.2%	↓	4.4%
Ecstasy (MDMA)	3.4%	↓	2.3%
Electronic Cigarettes (Vapes)	10.7%	↑	22.7%

1977-2019

Most drugs monitored since 1977 show several periods of increases and decreases in past year use over the study period. Alcohol and cannabis use show stability in recent years, while tobacco cigarette smoking reached an all-time low in 2019.



The Centre for Addiction and Mental Health's (CAMH) *Ontario Student Drug Use and Health Survey (OSDUHS)* is a population health survey of Ontario students in grades 7 to 12. The OSDUHS has been conducted in Ontario schools every two years since 1977, making it Canada's longest ongoing student survey and one of the longest in the world. The 2019 OSDUHS surveyed 14,142 students in 992 classes in 263 schools in 47 school boards between November 2018 and June 2019. For more information on survey methods and definitions, please see the OSDUHS drug use trend report available at www.camh.ca/osduhs.