

## **Sexual Behaviours Clinic Assessment Procedures**

*Individuals referred by physicians and by parole/probation offices will be assessed only at the conclusion of any outstanding legal issues relating to sexual behaviour.*

### **Clinical Interview**

The initial assessment consists of an interview (to include discussion of family, educational, employment, substance use, criminal and relationship history, sexual behaviour, and mental health) and may include phallometric assessment and/or psychological testing.

Recommendations related to treatment options will be made by the assessment and treatment team.

### **Phallometric Testing/Penile Plethysmograph**

Penile Plethysmograph (PPG) testing is done to evaluate sexual interests and arousal patterns. It is the most commonly used method for assessing sexual interests. This test cannot be used to decide guilt or innocence regarding any specific offense or behaviour.

Determination of sexual preference will never be done using the PPG alone, but will be used in conjunction with a clinical interview. The Kurt Freund Phallometric Laboratory has undertaken years of research on the phallometric assessment of gender/age preferences to ensure we are providing the most accurate test possible.

### **Assessment Report**

A report is authored for all clients seen for assessment purposes at the SBC. The report is then provided to the referring agency or person, provided a consent form is signed by the client. Clients are also able to review and receive a copy of their report. If a client would like to review the report with the author, a separate appointment is required.

Alternatively, clients can access a copy of their report via the Health Records department at CAMH.

#### **Queen St. Site**

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