

# McCain Centre Speaker Series

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## Complexities and Considerations in Research Involving Indigenous Youth

### JULIE BULL

Julie Bull is an award-winning Southern Inuk researcher and educator and is a member of NunatuKavut, Labrador, with more than 15 years of experience in community-based research and education with Indigenous communities. She is a Research Methods Specialist at CAMH and a sessional professor in the Indigenous Studies Program at the University of Toronto. She is also a Ph.D. candidate at the University of Toronto. She works with communities, researchers, educators and policy-makers to implement wise practices involving Indigenous people and is an invited lecturer and speaker at many events throughout Canada and around the world.

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### OBJECTIVE

To provide context on the landscape of Indigenous health research—through governance, ethics, engagement—by focusing specifically on some complexities and considerations in research involving Indigenous youth.

### KEY MESSAGES

- Research is reflexive.
- Indigenous governance structures must be adhered to.
- Researchers have an ethical imperative to work in partnership with Indigenous peoples.
- Move away from deficit-based research to strength-based research.
- Research is relational.
- Understand collective impact of research projects and agendas, don't focus only on individuals.
- Use two-eyed seeing approach of balancing Indigenous and Western sciences and epistemologies.



Dr. Joanna Henderson and Julie Bull

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